



## Early Childhood Educator Classes: August - December 2019

### Olympia (Beginning Page 2)

- 08/21/2019 Understanding the Roots of Behavior
- 09/03/2019 **FCC Providers:** Supporting Child Outcomes with the Washington State ELGS (Part 1 of 2)
- 09/10/2019 Understanding Conscious Discipline® (Part 1 of 9)
- 09/25/2019 ECE Certificate Information Night with SPSCC
- 09/28/2019 Trauma-Informed Early Learning
- 10/12/2019 "FLIP IT" for **Toddler Teachers:** 4 Steps to Addressing Challenging Behavior
- 10/17/2019 **NEW for Directors!** Creating Inspiring Spaces (Part 1 of 3)
- 10/22/2019 **NEW!** Reality Bites!
- 10/23/2019 **NEW!** A Mindshift in Considering Children's Behaviors: Polyvagal Theory in Practice (Part 1 of 2)
- 11/06/2019 **NEW!** Building Family Connections
- 11/07/2019 Using Language and Materials to Support Children's Reasoning Skills

### Bremerton (Beginning Page 8)

- 09/12/2019 **NEW for Directors:** Promoting Healthy Eating and Physical Activity in Early Childhood Settings
- 09/18/2019 **For Center Toddler Room Teachers:** Exploring Toddler Curriculum
- 09/28/2019 **NEW for FCC Providers:** Supporting Child Outcomes with the Washington State ELGS
- 10/10/2019 **NEW for Directors:** Creating Inspiring Spaces (Part 1 of 3)
- 10/23/2019 **NEW!** Promoting Healthy Eating and Physical Activity in Early Childhood Settings
- 11/02/2019 **NEW for FCC Providers:** A Closer Look at Emergent Curriculum Development
- 11/04/2019 Using Language and Materials to Support Children's Reasoning Skills

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- 10/17/2019 Group Time Attention Grabbers

### Centralia (Page 11)

- 11/23/19 "FLIP IT" for **Toddler Teachers:** 4 Steps to Addressing Challenging Behavior



## Olympia Classes

Register at <http://www.ccacwa.org/upcoming-classes> or call Nancy at (360) 754-0817

<p><b>Understanding the Roots of Behavior</b></p> <p><b>\$25</b></p> <p><b>2.5 STARS hours</b></p>	<p>Participants in this class will receive a <b>free copy of the book</b>, Beyond Behavior Management, an excellent resource by Jenna Bilmes and a \$28 value! Challenging behaviors are often the result of unmet needs. Come hear about five causes of challenging behavior and learn about the ten important social and emotional needs of children and what you can do to meet those needs. When needs are met through relationships, children will behave better and be ready to learn.</p> <p>Instructor: Susan Burnham, M.I.T.</p>	<p>08/21/19</p>	<p>6:30 – 9:00 pm</p>
<p><b>NEW for FCC Providers: Supporting Child Outcomes with the Washington State ELGS (Parts 1 &amp; 2)</b></p> <p><b>\$40</b></p> <p><b>4 STARS hours</b></p>	<p>This is an advanced class for licensed family childcare providers who want to utilize child assessments to observe children’s play and routines, collect evidence of learning and development, and reflect on children’s progress. What if you had an easy-to-use, cost-effective assessment toolkit with resources to individualize teaching and showcase the growth of children? If you want an assessment toolkit that is aligned with Washington State’s Early Learning and Development Guidelines (ELGs) and WA Kids, then this class is for you. Come learn how to use children’s developmental profiles, observations of children’s play, and samples of children’s work to plan and create individualized curriculum and collaborate with parents. Class will include time to practice collecting evidence through video observation of children. This is a 2-part class (<b>held on Sept. 3 and Oct. 1.</b>) that supports Early Achievers by addressing the Quality Standards for Child Outcomes. Registering for Part 1 puts you in both sessions.</p> <p>Instructor: Debbie Roberts, M.A.</p>	<p>09/03/19 10/01/19</p>	<p>6:30 – 8:30 pm</p>





<p><b>Understanding Conscious Discipline® (Parts 1-9)</b></p> <p><b>\$200</b></p> <p><b>20 STARS hours</b></p>	<p>This class is for professionals who have considerable experience in the field of early learning and are prepared to reflect and discuss attitudes about, and experiences with, child guidance techniques. This is a 9-month professional learning community and participants agree to attend monthly. Conscious Discipline® is an evidence-based, trauma-informed approach. It is recognized by the Substance Abuse and Mental Health Administration's (SAMHSA's) National Registry of Evidence-based Programs and Practices, and received high ratings in a Harvard analysis of the nation's top 25 social-emotional learning programs. This approach offers skills and strategies that are scientifically backed and can be practically applied in daily life. Content includes information on brain states, becoming a "conscious adult," and building self-regulation, problem-solving skills, and resilience in children. Each session will include dynamic video content from Conscious Discipline® author Becky Bailey, as well as lots of discussion/activities. The cost of this class includes a <b>workbook</b> for each participant and one <b>textbook</b> per facility. <b>Full MERIT reimbursement is available after the first session for those who pay the \$200 and have not already received STARS reimbursement for 2019-20 fiscal year. MERIT reimburses up to \$250 per fiscal year. For more information on MERIT reimbursement visit (Connie insert link in website). If you would like to pay month-to-month, please contact Nancy Hobson at 360-786-8907, ext. 100.</b></p> <p>Instructors: Rose Tiller and Susan Burnham</p>	<p>09/10/19 10/08/19 11/12/19 12/10/19 01/14/20 02/11/20 03/10/20 04/14/20 05/12/20</p>	<p>6:30 – 8:30 pm</p>
<p><b>ECE Certificate Information Night with SPSCC</b></p> <p><b>No Charge</b></p> <p><b>No STARS Hours</b></p>	<p>This is an informational session and does not provide STARS hours. Come join Meg Myers from South Puget Sound Community College and learn about the ins and outs of the Early Childhood Education certificates. Meg will share information about how the ECE certificates align with the WACS, the ECE program at SPSCC, course offerings, funding options and how to get started with the application process. Beginning this educational journey does not have to be scary! Take advantage of this opportunity to ask questions and learn how to fulfill your educational goals and requirements through SPSCC. We hope to see you there!</p> <p>Instructor: Megan Myers, SPSCC</p>	<p>09/25/19</p>	<p>6:30 – 8:00 pm</p>



<p><b>Trauma-Informed Early Learning</b></p> <p><b>\$30</b></p> <p><b>3 STARS hours</b></p>	<p>It's the little boy who bangs his head on the wall. It's the 4-year-old girl who throws the chair in anger. It's the 2-year-old who hits, bites, pushes, and falls down in a rapid melt-down. These could be the faces of traumatized children. Come explore the impact of trauma on children and gain insight into why some children behave the way they do. Even if you don't know the source of the trauma, you can use what you observe to support harmed children in a "trauma-informed" manner. This is an advanced class for those ready to reflect on the complex root sources of behavior, as they relate to trauma. Those who complete it will receive tools and strategies to use with young children, as well as a free copy of Barbara Sorrels' book, "Reaching and Teaching Children Exposed to Trauma."</p> <p>Instructor: Heidi DeVries, M.Ed.</p>	<p>09/28/19</p>	<p>9:00 am – 12:00 pm</p>
<p><b>"FLIP IT" For Toddler Teachers</b></p> <p><b>\$40</b></p> <p><b>4 STARS hours</b></p>	<p>This version of this class is specifically geared to teachers of children 18 to 36 months old. Toddler teachers who complete the class will receive a free \$50 kit (one per classroom or home) that supports helping children cope with big feelings. This session will cover 4 supportive steps to use in the moment, when challenging behavior occurs. Child bites? FLIP IT! Child grabs a toy? FLIP IT! Over time, this method will reduce challenging behavior and help children learn healthy self-control. The easy-to-remember FLIP IT method can be used in everyday situations and with serious behavior challenges. Follow-up coaching for Early Achievers sites is available.</p> <p>Instructor: Susan Burnham, M.i.T.</p>	<p>10/12/19</p>	<p>9:00 am – 1:00 pm</p>



<p><b>NEW for Directors!</b>  <b>Creating Inspiring Spaces (Parts 1-3)</b></p> <p><b>\$50</b></p> <p><b>6 STARS hours</b></p>	<p>This is an advanced class for center program administrators. You are likely already familiar with ERS requirements for environments. Are you ready to move to a more advanced level of environmental design? Come explore Reggio-inspired ideas for child care environments. Consider how your center environment can better reflect your program's values, appeal to all the senses, foster creativity in children, represent culture and families, and feel like "home." You will have the opportunity to reflect on topics with colleagues and even look at photos of actual classrooms through the lenses discussed in these sessions. Come with an open mind and a willingness to question the status quo! Directors who are inspired by this series may wish to schedule this class as an in-service training for their staff.</p> <p>Instructor: Susan Burnham, M.i.T.</p>	<p>10/17/19  11/14/19  12/12/19</p>	<p>12:00 –  2:00 pm</p>
<p><b>NEW! Reality Bites!</b></p> <p><b>\$20</b></p> <p><b>2 STARS hours</b></p>	<p>Toddler teachers who complete this session will receive a free copy of the book, "No Biting! Solutions and Support for Toddler Programs," as well a children's board book about biting. Biting hurts toddlers, frustrates caregivers, angers parents, and often confounds administrators. Yet, biting is unfortunately not unexpected in group childcare. It can affect any toddler in any group setting and can have developmental, emotional, or environmental causes. This class offers background information on why toddlers bite, along with practical suggestions and tools to help prevent biting and appropriate responses for when they do.</p> <p>Instructor: Rose Tiller</p>	<p>10/22/19</p>	<p>6:30 – 8:30  pm</p>





<p><b>NEW! A Mindshift in Considering Children's Behaviors: Polyvagal Theory in Practice (Parts 1 &amp; 2)</b></p> <p><b>\$40</b></p> <p><b>4 STARS hours</b></p>	<p>Do you wonder why children act the way they do? Are you seeking answers around how to support children and help them through challenging behaviors when the traditional methods have not worked? Come and learn about a theory that will help to broaden your understanding of where children's behaviors are coming from and how best to support them in the moment. Build your understanding and compassion for others as we work to understand how the human body and experience shape the way we act.</p> <p><b>This is an advanced, 2-part class meeting on Oct. 23 and Nov. 13</b>, with application of material between sessions. Participants will receive a free copy of the book, "Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges." In Part 2, participants will reflect on case studies and discuss application done between sessions.</p> <p>Instructor: Heidi DeVries, M.Ed.</p>	<p>10/23/19 11/13/19</p>	<p>6:30 - 8:30 pm</p>
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<p><b>NEW! Building Family Connections</b></p> <p><b>\$20</b></p> <p><b>2 STARS hours</b></p>	<p>In the rush of an active learning environment and a parent's busy day, communication at drop-off and pick-up can be strained. Even newsletters and family nights may get overlooked despite a family's best intentions. Families and teachers both want open, clear communication, but so many daily things get in the way. Come discuss a variety of strategies to engage families in your program, strengthen positive relationships, and build a foundation for communicating about children's development and behavior. Discover new ways to get to know each family's goals for their children, cultural traditions, and the strategies they use at home. Children notice when their teachers and parents talk to one another and are more comfortable in childcare when they see their family and culture in the environment. It takes a village to raise a child and you and the families you work with are that village!</p> <p>Instructor: Susan Burnham, M.i.T.</p>	<p>11/06/19</p>	<p>6:30 – 8:30 pm</p>
<p><b>Using Language and Materials to Support Children's Reasoning Skills</b></p> <p><b>\$25</b></p> <p><b>2.5 STARS hours</b></p>	<p>This class is best for caregivers of <b>children 2-1/2 and up</b>. What kinds of materials and strategies should teachers use to really get preschool children thinking? Intentionally providing children with the right types of materials and supports is key to getting children to become problem-solvers and to think more deeply about new concepts and connections. Discover strategies and get ideas for classroom materials that support children's brainstorming, curiosity, and problem-solving skills. This is an advanced class that supports Early Achievers success with the preschool ECERS tool.</p> <p>Instructor: Debbie Roberts, M.A.</p>	<p>11/07/19</p>	<p>6:30 – 9:00 pm</p>







## Bremerton Classes

Register at <http://www.ccacwa.org/upcoming-classes> or call Nancy at (360) 754-0817

<p><b>NEW for Center Directors: Promoting Healthy Eating and Physical Activity in Early Childhood Settings</b></p> <p><b>\$15</b></p> <p><b>1.5 STARS hours</b></p>	<p>This session is designed to help center directors support their staff in implementing important activities and strategies pertaining to the health of children. During the early years, children form habits that last into adulthood. There are many opportunities for early childhood educators to work with families to support healthy starts for this population. Three early childhood organizations and the local public health district have partnered to develop a toolkit focused on healthy eating and physical activity. This toolkit has been implemented in all of the Head Start/Early Head Start classrooms in Kitsap County and is ready to be shared with other childcare settings across the county. This presentation will include a walk through the toolkit with hands-on exercises and a share-out of implementation experiences and lessons learned. Instructor: Karen Boysen-Knapp, Healthy Communities Specialist, Kitsap Public Health District</p>	<p>09/12/19</p>	<p>12:30 – 2:00 pm</p>
<p><b>For Center Toddler Room Teachers: Exploring Toddler Curriculum</b></p> <p><b>\$20</b></p> <p><b>2 STARS hours</b></p>	<p>This class is for caregivers of children ages 1 to 2-1/2. Is your toddler curriculum based on what parents ask for, on what you think toddlers need to know for kindergarten, or on what the teacher before you had planned? When curriculum is based on research, individual development, and culture, toddlers are more successful and teachers are happier. Come consider whether your curriculum is on the right track or could use a little fine-tuning! Instructor: Connie Dougherty, M.Ed.</p>	<p>09/18/19</p>	<p>6:30 – 8:30 pm</p>
<p><b>NEW For FCC Providers: Supporting Child Outcomes with the Washington State ELGs</b></p> <p><b>\$40</b></p> <p><b>4 STARS</b></p>	<p>This is an advanced class for licensed family childcare providers who want to utilize child assessments to observe children’s play and routines, collect evidence of learning and development, and reflect on children’s progress. What if you had an easy-to-use, cost-effective assessment toolkit with resources to individualize teaching and showcase the growth of children? If you want an assessment toolkit that is aligned with Washington State’s Early Learning and Development Guidelines (ELGs) and WA Kids, then this class is for you. Come learn how to use children’s developmental profiles, observations of children’s play, and samples of children’s work to plan and create individualized curriculum and collaborate with</p>	<p>9/28/29</p>	<p>9:00 am – 1:30 pm</p>







	<p>parents. Class will include time to practice collecting evidence through video observation of children. This class supports Early Achievers by addressing the Quality Standards for Child Outcomes. Participants will have a 30-minute lunch break.</p> <p>Instructor: Terri Sutovich</p>		
<p><b>NEW for Directors: Creating Inspiring Spaces (Parts 1-3)</b></p> <p><b>\$50</b></p> <p><b>6 STARS hours</b></p>	<p>This is an advanced class for center program administrators. You are likely already familiar with ERS requirements for environments. Are you ready to move to a more advanced level of environmental design? Come explore Reggio-inspired ideas for child care environments. Consider how your center environment can better reflect your program's values, appeal to all the senses, foster creativity in children, represent culture and families, and feel like "home." You will have the opportunity to reflect on topics with colleagues and even look at photos of actual classrooms through the lenses discussed in these sessions. Come with an open mind and a willingness to question the status quo! Directors who are inspired by this series may wish to schedule this class as an in-service training for their staff.</p> <p>Instructor: Connie Dougherty, M.Ed.</p>	<p>10/10/19 11/07/19 12/12/19</p>	<p>12:00 – 2:00 pm</p>
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<p><b>NEW</b> For FCC Providers: A Closer Look at Emergent Curriculum</p> <p><b>\$40</b></p> <p><b>4 STARS</b></p>	<p><b>To register for this session, you must also register for, and attend, the Sept. 28 class on supporting child outcomes.</b></p> <p>Have you ever wondered if the curriculum your program is using is effective? Do you want to create or adopt a curriculum, but have limited funds, or are not sure where to start? Do you want to make sure your current curriculum is aligned with the Washington State Early Learning and Development Guidelines, but it seems too daunting? This training is designed to help all providers define, develop and deliver emergent curriculum that is fun and stimulating for the children, while ensuring that it is aligned with the WA Early Learning Guidelines. We will focus on helping you decide what kind of curricula best fits your program and discuss what modifications you may need to make to ensure it meets the needs of each age group. Our goal is that you will walk away from this training with the ability to create a dynamic curriculum that will best meet the needs of your program, and the children and families you serve. This class supports Early Achievers by addressing the Quality Standards in Curricular and Staff Supports. Participants will have a 30-minute lunch break.</p> <p>Instructor: Heidi Scott</p>	<p>11/02/19</p>	<p>9:00 am – 1:30 pm</p>
<p><b>Using Language and Materials to Support Children's Reasoning Skills</b></p> <p><b>\$25</b></p> <p><b>2.5 STARS hours</b></p>	<p>This class is best for caregivers of <b>children 2-1/2 and up.</b> What kinds of materials and strategies should teachers use to really get preschool children thinking? Intentionally providing children with the right types of materials and supports is key to getting children to become problem-solvers and to think more deeply about new concepts and connections. Discover strategies and get ideas for classroom materials that support children's brainstorming, curiosity, and problem-solving skills. This is an advanced class that supports Early Achievers success with the preschool ECERS tool.</p> <p>Instructor: Debbie Roberts, M.A.</p>	<p>11/04/19</p>	<p>6:30 – 9:00 pm</p>





### Shelton Class

<p><b>Group Time Attention-Grabbers</b></p> <p><b>\$20</b></p> <p><b>2 STARS hours</b></p>	<p>Is your group time getting old and tired? Have you worn out the same old song or are you caught in a rut of just reading a book during circle time? Come learn tips, tricks, and activities for spicing up your circle time or morning greeting time. Leave with songs, movement activities, and other strategies to use at group time or whenever you need to fill time with something the children enjoy. These techniques are sure to be attention-grabbers! Instructor: Connie Dougherty, M.Ed.</p>	<p>10/17/19</p>	<p>6:30 – 8:30 pm</p>
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### Centralia Class

<p><b>"FLIP IT" For Toddler Teachers</b></p> <p><b>\$40</b></p> <p><b>4 STARS hours</b></p>	<p>This version of this class is specifically geared to teachers of <b>children 18 to 36 months old</b>. Toddler teachers who complete the class will receive a free \$50 kit (one per classroom or home) that supports helping children cope with big feelings. This session will cover 4 supportive steps to use in the moment, when challenging behavior occurs. Child bites? FLIP IT! Child grabs a toy? FLIP IT! Over time, this method will reduce challenging behavior and help children learn healthy self-control. The easy-to-remember FLIP IT method can be used in everyday situations and with serious behavior challenges. Follow-up coaching for Early Achievers sites is available. Instructor: Susan Burnham, M.i.T.</p>	<p>11/23/19</p>	<p>9:00 am – 1:00 pm</p>
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