



CARING FOR kids

Where Child Care Providers Succeed and Children Thrive

April - June 2010 • Volume 21 Issue 2

CCAC Programs

Child Care Resource and Referral

Information about child care programs in Grays Harbor, Lewis, Mason, Pacific & Thurston Counties. 800.845.0956 (toll free) or 360.754.0810 Sokha x105 / Nancy x107

Professional Development Academy

STARS credit, CDA classes, Building Bridges and in-service to support child care providers. Renee x100 / Debbie x110 / Sheryl x104 Professional Development Message Line x121

Consultation Services

Free, on-site technical assistance to help providers with challenges, including social emotional issues. Connie x108

Army Child Care in Your Neighborhood

Supporting Military families with high quality child care off base. Marge x112

Keystone Crisis Nursery

Emergency child care for families in crisis in Lewis, Mason & Thurston counties. Families access by calling 800.845.0956 (toll free) or 360.754.0810 x107.

Raising a Reader

Early literacy program providing books to selected child care sites and engaging parents in early literacy. Connie x108

Homeless Child Care

Provides subsidies for short-term child care for homeless families. 800.845.0956 (toll free) or 360.754.0810 x107.

Child Care Inclusion

Welcoming children with disabilities into child care settings. Sheryl x104

Safe Kids Thurston County

Seeks to eliminate unintentional injuries in children 14 and under. Erin x106

Play & Learn

A cooperative play experience for friends and neighbor caregivers. Teresa 786-8907.

CCAC is a proud member of:



CCAC Presents!

Don't miss out on the following celebrations, professional development opportunities and events in the coming months. We look forward to seeing you there!

Week of the Young Child

Thurston County:

Sponsored by: Thurston Early Childhood Coalition

Saturday, April 10 • 10:00a – 3:00p

Westfield Mall
625 Black Lake Blvd. • Olympia, WA

Block Fest Build Off, activities for children & information for parents

Grays Harbor County:

Saturday, April 24 • 10:00a – 1:00p

South Shore Mall
1219 S Boone St • Aberdeen, WA

Kids Carnival

Provider Appreciation

Take time to celebrate your dedication to children and the hard work you do every day.

Grays Harbor & Pacific Counties

Thursday, May 13 • 6:00pm-8:30pm

St. Mary's Parish Hall
306 E Third St • Aberdeen, WA

RSVP no later than April 29, at 800.845.0956 or 360.786.8907 x107

Lewis, Mason & Thurston Counties

Friday, May 21 • 6:00pm-8:30pm

CCAC Training Academy
Capital Christian Center
819 Olympia Ave NE • Olympia, WA

RSVP no later than May 7 at 800.845.0956 or 360.786.8907 x107

CCAC Carousel Early Learning Conference

Saturday, May 15 • 7:30a – 4:00p

Cost: \$45, some \$15 scholarships available.

Harbor City Church
1700 Cherry St • Aberdeen, WA

This one day event features three sessions, each with four class options; a keynote address and even includes a Continental Breakfast and Lunch. A great opportunity to earn up to 6 STARS hours in one day! Registration form available under the provider's tab at www.ccacwa.org or by calling the CCAC office.



CHILD CARE ACTION COUNCIL

P.O. Box 446 • Olympia, WA 98507-0446 108 State Avenue • Olympia, WA 98501

Toll Free: (800) 845-0956 • (360) 786-8907 • www.ccacwa.org

How to Reach Us

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Partner Organizations

Other Professional Development Providers

Centralia College
(360) 736-9391, ext. 465
www.centralia.edu

Grays Harbor College
(360) 532-9020 • (360) 538-4018
www.ghc.ctc.edu

Olympic College
(360) 475-7359 ECE Dept • (360) 475-7625 STARS
www.olympic.edu

South Puget Sound Community College
(360) 596-5293
www.spscc.ctc.edu

Foster Parent Education
(360) 725-6788
www.dshs.wa.gov/ca/fosterparents/

ESD 113
(360) 586-2945 • www.esd113.k12.wa.us

ESD 112
(360) 750-7500 • www.esd112.org

Child Care Associations

Thurston County Family Child Care Association (TCFCCA)
Upcoming meetings: Mar 18, April 24 & May 28
More info at <http://tcfcca.webs.com> or by contacting Carol at 943-6858 / Wilson.carol@comcast.net or Kim at 458-6493 / thebirdsnest@comcast.net

Grays Harbor Family Child Care Association (GHFCCA)
For information about upcoming meetings contact:
Melissa at 268-1427 or Chris at 360-532-0142 / clr@techline.com

South Sound Association for the Education of Young Children (SSAEYC)
Upcoming Meetings: April 12, May 10 & June 14
More info: Laura Scheffer at 459-2273

Carousel Early Childhood Conference 2010

Carousel Early Childhood Conference
Saturday, May 15, 2010 • 7:30a – 4:00p
Harbor City Church • 1700 Cherry St. • Aberdeen, WA 98520
Registration form available under the provider's tab at www.ccacwa.org or by calling the CCAC office.

CCAC Academy Policies

Tuition

Tuition must be paid in advance. If, one week prior, there are fewer than six paid registrations classes will be cancelled. Don't forget, we now offer online registration and electronic payments under the provider tab at www.ccacwa.org and we also accept credit cards.

Registration

Register online at www.ccacwa.org under the provider tab. Call Debbie at x110 or Renee at x101 with questions or to register over the telephone. If no one is available to take your call, leave your name, phone number, class title and date on the Professional Development message line x121. Please note: advance payment is required.

Late Arrival Policy

Arrive early to minimize disruptions, to respect the instructor's plan for the class and to make sure STARS certificates are issued fairly. Those arriving 15 minutes late will not receive certificates or refunds. In most cases, the door will be locked at this time.

No Child Care Available

Our classes are designed for adults, so please, for the comfort of everyone, do not bring children.

Class Cancellation

Notice of class cancellations will be posted on the Professional Development Message Line (x121) and on www.ccacwa.org under the provider tab. Listen to KGY 1240AM for notice of class cancellation due to inclement weather or disaster.

Refund Policy

For a full refund, you must call 786-8907 x100 and cancel your registration by 12:00 noon before a weekday evening class or by Friday 12:00 noon before a weekend class. When calling, leave your name, the class title and the class date. There are no refunds for cancellations after the noon deadline.

If a class is cancelled by CCAC or is rescheduled to a date you cannot attend, you will receive a full refund.

STARS Reimbursements

\$100 reimbursements available for Continuing Education, \$150 for 20-Hour Basics from STARS. More info at www.stars.del.wa.gov or 800-727-3107 x16.

SSAEYC Scholarships

Scholarships, of up to \$400 per year, are available. To qualify you must be a SSAEYC member and your completed application must be received one month before the event. For an application, go to www.ssaeyc.org or call (360) 491-1988.

Building Bridges to Higher Education

Earn college credit & STARS credit!

Tuition, textbook and mentoring (valued at over \$400 per course) are funded by a grant. You will be expected to attend all 10 hours in a module, complete the homework and utilize the mentors made available through this outstanding program. **Please bring a sack lunch.** Building Bridges to Higher Education is proudly presented by Washington State Dept of Early Learning, Centralia College, South Puget Sound Community College and Child Care Action Council.



Centralia College

Language and Literacy Development

Centralia College • New Science Center, Rm 109 • Centralia, WA

(Communication, CDA #2)

5:00p – 8:00p

Instructor: Gloria Price

No Cost

Module 1 Thursdays, April 1, 8, 15 & 22

Module 2 Thursdays, April 22 & 29, May 6 & 13

Module 3 Thursdays, May 13, 20 & 27, June 3

Infant and Toddler Caregiving

Centralia College • TEEN House, 220 King St. • Centralia, WA

(Child Dev't, CDA #8)

9:00a – 2:30p

Instructor: Debbie Hasbrook-Havey

No Cost

Module 1 Saturdays, April 10 & 17

Module 2 Saturdays, May 1 & 15

Module 3 Saturdays, June 12 & 26

South Puget Sound Community College

Language and Literacy Development

Bldg 20, Room 219 • 2011 Mottman Road SW • Olympia, WA

(Communication, CDA #2) Fri: 6:00 – 9:00p; Sat: 9:00a – 4:30p

Instructor: Jean Hill-Miller

No Cost

Module 1 Friday & Saturday, April 9 & 17

Module 2 Friday & Saturday, May 7 & 15

Module 3 Friday & Saturday, June 4 & 12

Grays Harbor County

Language and Literacy Development

Aberdeen Library • 121 E Market St • Aberdeen, WA

(Communication, CDA #2)

10:30a – 4:00p

Instructor: Jean Hill-Miller

No Cost

Module 1 Saturdays, April 10 & 24

Module 2 Saturdays, May 8 & 22

Module 3 Saturdays, June 5 & 26

Do you live outside Thurston County?

Looking for a 20-hour Child Care Basics Class?

Call CCAC at 800.845.0956 to add your name to the class list and we'll notify you when one will be presented in your area!

Child Development Associate

The Child Development Associate credential is a 10-month program meeting the requirement of 120 training hours. CCAC offers two different programs each with flexible schedules and personal coaching. Some scholarships are available. For more information contact Sheryl at x 104 or sheryl@ccacwa.org.

Online CDA

If you enjoy online training and prefer to study from home on your computer, CCAC's Online CDA may be right for you. For only \$499 (an initial non-refundable deposit of \$199 and two additional payments of \$150 each) you will take the 120-hours of coursework online, participate in three support meetings and receive 6-hours of personal consultation regarding your resource file and the CDA application process.

Online CDA at a Glance:

120 STARS hours of online CDA coursework

- Log on through CCAC website
- Payment of \$199 (non-refundable) to start 2 more payments of \$150=\$499
- Students purchase own copies of Essentials book and CDA application packet (\$68 total)
- Can be started at any time

3 Support Meetings

- Meetings relate to online class content to reinforce learning
- Resource File items to be discussed at these meetings

Mentoring

- 6 hours of personal consultation regarding Resource File and how to apply material

CDA Cohort

If you prefer a more traditional classroom setting, CCAC's CDA Cohort meets weekly in person for 2.5 hours. There are also all-day class sessions on the second or third Saturdays of each month.

Look for the CDA 🗓️ in the professional development calendar and class list.



Think YOU might be interested in joining the 2010-2011 CDA Cohort? Contact Sheryl at sheryl@ccacwa.org or 360.796.8907 x104

Professional Development

The CCAC Academy is at Capital Christian Center; 819 Olympia Ave NE, Olympia 98506. Just north of the intersection at Plum and State Ave, right on Olympia Ave. Watch for the Training Academy sign.



Inservice Opportunities

CCAC is seeking locations for upcoming classes outside Thurston County. You choose a class you would like presented and our trainers come to you! If you know of a potential location, especially in Pacific, Grays Harbor, Mason and Lewis Counties, contact Sheryl at 360.786.8907 x104 or sheryl@ccacwa.org.

CLASS LOCATION KEY

- GHC** • Grays Harbor County
- LC** • Lewis County
- MC** • Mason County
- PC** • Pacific County
- TC** • Thurston County

Professional Development

April

Occupational and Speech Therapy Ideas: TC

(Health & Safety, CDA #1) ALL No Cost
Thursday, April 1 6:30 – 8:30p
Therapeutic Beginnings • 4510 Intelco Loop SE, Suite B • Lacey, WA 98503

Learn simple strategies to facilitate speech/language skills, help children with attention to the task at hand, promote fine motor skills, address sensory processing skills interfering with the learning process. Get tips about good, inexpensive everyday things to help children who are having difficulty.
Presenters: Renae Lewandowski, Occupational Therapist & Christopher Heistand, Speech & Language Pathologist

🗓️ Making A Good First Impression: TC

(Family Systems, CDA #4) Intermediate Cost: \$20
Monday, April 5 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
You only have one opportunity to make a first impression! Learn ways to impress perspective clients the first time they walk through your door! Presenter: Debbie Hasbrook-Havey

Kindergarten Transition: TC

(Growth & Dev, CDA #8) Intermediate Cost: \$16
Wednesday, April 7 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

As children transition from one educational setting to another, they do so with mixed emotions. The purpose of this training is to identify challenges they face as well as activities to assist in helping parents and students feel comfortable and respected, that they belong at school, and supported by teachers.
Presenter: Angie Alvis

Professional Development Continued from Page 4

Directors Network: **TC**

(Admin, CDA #5) DIRECTORS ONLY Cost: \$16 (for STARS hours)
Thursday, April 8 Noon – 2:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Facilitator: Connie Dougherty

Professionalism & Personal Values: **TC**

(Professionalism, CDA #6) Intermediate Cost: \$40
Saturday, April 10 9:00a – 2:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Your personal values come through all you do. Uncover these values and how they affect your work with children and families. We will also discuss professional ethics in the workplace. Lunches can be purchased at the Academy for \$5. Presenter: Karen Healy

Code of Ethics: **TC**

(Professionalism, CDA #6) Intermediate Cost: \$20
Monday, April 12 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Explore the NAEYC Code of Ethics, identify ethical dilemmas and how the Code can help you navigate through these challenging situations. Presenter: Penny Michel

An Introduction to Integrating the Arts in Early Childhood Education Curriculum: **LC**

(Curriculum, CDA #2) Advanced Cost: \$20/class
Tuesdays, April 13 & 27 6:30 – 9:00p
Centralia College Child Dev Lab School • 412 Oak St • Centralia, WA 98531
An introduction to the concept of integrating the arts into the ECE classroom curriculum. Consider how multiple arts modalities strengthen and enrich early childhood curriculum by employing arts based activities. Learn to plan and create meaningful and challenging curricula based on visual art, drama, & movement. Wear comfortable clothing appropriate for movement activities and for getting a bit messy. April 13 will focus on Visual Arts and April 27 will focus on Drama and Movement. Join us for one or both classes, if you attend both college credit is available for an additional \$18. Presenter: Joy Phillips

Beyond the Basic Flannelboard: **MC**

(Communication, CDA #2) ALL Cost: \$20
Thursday, April 15 6:00 – 8:00p
Shelton Valley Church • 200 W Shelton Valley Rd • Shelton, WA 98584
A variety of visual experiences increase children's understanding of early language & literacy concepts and are particularly helpful for English language learners and children with language delays. We will create new flannel/ magnet board materials and glove puppets that will enhance your circle or storytime. Supply fee included. Presenter: Linda Ferguson

Beyond Trauma: Supporting Foster Children's Emotional Development: **PC**

(Health & Safety, CDA #1) ALL Cost: \$40
Saturday, April 17 9:00a – 3:00p
Peninsula Church Preschool & Daycare • 500 'N' Pl. • Seaview, WA 98644
Learn about the implications of trauma on children in the foster care system and how building secure attachments can play a major role towards influencing a child in a positive direction and building their resiliency. One hour lunch break. Presenter: Becci O'Hagan

Messy Math: **TC**

(Curriculum, CDA #2) ALL Cost: \$16
Monday, April 19 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Sand tables can encompass many math concepts and skills (measuring, sorting & patterning, stacking, counting, geometry, word use of more, less, add, take away). Participants of this class may apply for a complementary sensory table, along with an onsite consultation. Presenter: Julie Weber

Leadership Part I: **TC**

(Professionalism, CDA #6) Intermediate Cost: \$20
Monday, April 19 6:00 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Learn about a variety of leadership styles, understand leadership vs management and explore motivational leadership techniques. Presenter: Jean Hill-Miller

Teaching Literacy and Math at Storytime: **GHC**

(Curriculum, CDA #2) ALL Cost: \$16
Tuesday, April 20 6:30 – 8:30p
Learning to Grow Clubhouse • 410 W. Eaton St. • Elma WA 98541
Story time is a great time to use books to increase literacy and math skills, especially using Big Books! Presenter: Stephaine Smith

Lets All Get Along: **TC**

(Child Guidance, CDA #3) Intermediate Cost: \$20
Wednesday, April 21 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Ideas to promote cooperation and friendship in preschool and other early childhood settings through the use of books, songs, games and small group activities. Presenter: Linda Ferguson

Brain Fest: **LC**

(Growth & Dev, CDA #8) ALL Cost: \$16
Thursday, April 22 6:30 – 8:30p
Wellspring Church Kid's Ctr. • 603 NW St. Helen's • Chehalis, WA 98532
Explore how you can help enhance and stimulate brain development from birth to age 5—critical years in laying the foundation for a lifetime of learning. As a caregiver, you can make a difference in their lives. Feel free to bring one parent. A complimentary "Brain Fest Kit" will be available to the first 25 registered (1 per center). This comes with a free consultation at your workplace, when the kit is delivered. Presenter: Julie Weber

Infant, Child & Adult CPR & First Aid: **TC**

(CDA #1) ALL Cost: \$50
Monday & Wednesday, April 26 & 28 6:00 – 10:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Meets DSHS requirements for child care providers. Presenter: EMTA

Leadership Part II: **TC**

(Professionalism, CDA #6) Intermediate Cost: \$20
Monday, April 26 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Be a person others want to follow. Learn to encourage others to higher and better performance and personal development. Consider leadership growth opportunities and explore ways to encourage leadership in children. Presenter: Jean Hill-Miller

April

2010

S	M	T	W	T	F	S
<p>For information & registration visit www.ccacwa.org or call 360.786.8907</p>						
4	5	6	7	8	9	10
	<p>The Red Letters after each class indicate the county where it will be presented. For location details, see class listings starting on pages 3, 4, 5 & 8.</p>	<p>GHC • Grays Harbor Co LC • Lewis County MC • Mason County PC • Pacific County TC • Thurston County</p>	<p>Kindergarten Trans TC 6:00 – 8:30p</p>	<p>Director's Network TC Noon – 2:00p BB-Lang & Lit LC Mod 1-5:00 – 8:00p</p>	<p>BB-Lang & Lit LC Mod 1-5:00 – 8:00p Occupational & Speech Therapy TC 6:30 – 8:30p</p>	<p>BB-Infant, Toddler LC Mod 1-9:00a – 2:30p Prof & Personal Values TC 9:00a – 2:30p BB-Lang & Lit GHC Mod 1-10:30a – 4:00p</p>
11	12	13	14	15	16	17
	<p>Making A Good 1st Impression TC 6:30 – 9:00p SSAEYC Meeting</p>	<p>Integrating Arts LC 6:30 – 9:00p</p>		<p>Beyond the Basic Flannelboard MC 6:00 – 8:00p BB-Lang & Lit LC Mod 1-5:00 – 8:00p</p>	<p>BB-Lang & Lit TC Mod 1-6:00 – 9:00p</p>	<p>Trauma PC 9:00a – 3:00p BB-Infant, Toddler LC Mod 1-9:00a – 2:30p BB-Lang & Lit TC Mod 1-9:00a – 4:30p ICFCCA Meeting</p>
18	19	20	21	22	23	24
	<p>Code of Ethics TC 6:30 – 9:00p Leadership Part I TC 6:30 – 9:00p Messy Math TC 6:30 – 8:30p</p>	<p>Literacy & Math at Storytime GHC 6:30 – 8:30p</p>	<p>Lets All Get Along TC 6:30 – 9:00p</p>	<p>Brain Fest LC 6:30 – 8:30p BB-Lang & Lit LC Mod 1 & 2-5:00 – 8:00p</p>		<p>BB-Lang & Lit GHC Mod 1-10:30a – 4:00p</p>
25	26	27	28	29	30	
	<p>Leadership Part II TC 6:30 – 9:00p CPR and First Aid TC 6:00 – 10:00p</p>	<p>Integrating Arts LC 6:30 – 9:00p</p>	<p>CPR and First Aid TC 6:00 – 10:00p</p>	<p>BB-Lang & Lit LC Mod 2-5:00 – 8:00p</p>		

May

2010

S	M	T	W	T	F	S
2	3	4	5	6	7	8
	<p>Observation TC 6:30 – 9:00p SSAEYC Meeting</p>			<p>Pathogens TC 6:30 – 8:30p BB-Relationships LC Mod 2-5:00 – 8:00p Provider Appreciation Pacific & Grays Harbor</p>	<p>BB-Lang & Lit TC Mod 2-6:00 – 9:00p</p>	<p>Connectw/ Farms TC 9:00a – 2:30p Online CDA Support TC 8:30a – 3:30p BB-Lang & Lit GHC Mod 2-10:30a – 4:00p</p>
9	10	11	12	13	14	15
	<p>Single, Step & Blended</p>					<p>Carousel GHC 7:00a – 4:00p</p>
						1
						<p>BB-Infant, Toddler LC Mod 2-9:00a – 2:30p</p>





9	16	17	18	19	20	21	22	23 / 30	24 / 31	25	26	27	28	29
		Single, Step & Blended Families TC 6:30 – 9:00p Instructors Update TC 6:30 – 8:30p		Suggest Child Find? TC 6:30 – 8:30p	Director's Network TC Noon – 2:00p BB-Lang & Lit LC Mod 2 & 3-5:00 – 8:00p	Provider Appreciation Thurston, Mason, Lewis	Brain Fest PC 9:00a – Noon Sign Language LC 9:00a – 11:00p 20-hour Basics TC 8:30a – 4:30p BB-Lang & Lit GHC Mod 2-10:30a – 4:00p		Develop Setting TC 6:30 – 9:00p Prof. Self Care TC 6:30 – 9:00p CPR and First Aid TC 6:00 – 10:00p	CPR and First Aid TC 6:00 – 10:00p	BB-Lang & Lit LC Mod 3-5:00 – 8:00p	BB-Lang & Lit TC Mod 3-6:00 – 9:00p	TCFCCA Meeting	20-hour Basics TC 8:30a – 4:30p BB-Lang & Lit GHC Mod 3-10:30a – 4:00p

2010

June

S	M	T	T	W	T	F	S
13	14	15	16	17	18	19	20
20	21	22	23	24	25	26	27
27	28	29	30				

**Do you live outside Thurston County?
Looking for a 20-hour Child Care Basics Class?
Call CCAC at 800.845.0956 to add your name
to the class list and we'll notify you when
one will be presented in your area!**

Professional Development

Classes continued from Page 5

May

Observation Using the Benchmarks: TC

(Observation & Assessment, CDA #7) Intermediate Cost: \$20
Monday, May 3 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Using the Washington State Benchmarks students will learn to look for developmental milestones as they observe children.
Presenter: Karen Healy

Bloodborne Pathogens: TC

(CDA #1) ALL Cost: \$16
Thursday, May 6 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Bloodborne pathogens & disease prevention. Presenter: Gail Jepson

Online CDA Support Meeting: TC

(Professionalism, CDA #6) Intermediate Cost: Included in CDA fee
Saturday, May 8 8:30a – 3:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Reinforce online learning and get valuable information about compiling your resource file. Complete Family Systems, Administration & Professionalism prior to class. Lunches can be purchased at the Academy for \$5. Presenter: Nimira Jetha

Connecting With Families: TC

(Family Systems, CDA #4) Intermediate Cost: \$40
Saturday, May 8 9:00a – 2:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Parent notes and newsletters are great tools for making connections. Learn some tips on how to communicate with families. Lunches can be purchased at the Academy for \$5. Presenter: Debbie Hasbrook-Havey

Single, Step and Blended Families: TC

(Family Systems, CDA #4) Intermediate Cost: \$20
Monday, May 10 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Gain awareness about the dynamics of family structures.
Presenter: Candyce Bollinger

Instructors Update: TC

(Professionalism, CDA #6) Advanced No Cost
Monday, May 10 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

We will review the requirements for the template for CCAC classes. Presenter: Sheryl Garrison

When Do I Suggest Child Find?: TC

(Health & Safety, CDA #1) ALL No Cost
Wednesday, May 12 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

What services are available for a child who Child Find qualifies for Special Education services? These services are outlined in an Individual Educational Plan (IEP) school staff and parents jointly develop. A Special Education teacher will answer questions about these topics and share ideas about working with parents to support the child in your care. Presenter: Phyliss Dobey

Directors Network: TC

(Admin, CDA #5) DIRECTORS ONLY Cost: \$16 (for STARS hours)
Thursday, May 13 Noon – 2:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Facilitator: Connie Dougherty

CCAC Carousel Conference: GHC

ALL Cost: \$45
Saturday, May 15 7:30a – 4:00p
Harbor City Church • 1700 Cherry St • Aberdeen, WA 98520

This event features three sessions, each with four class options; a keynote address and even includes a Continental Breakfast and Lunch. A great opportunity to earn up to 6 STARS hours in one day! Registration form available under the provider's tab at www.ccacwa.org or by calling the CCAC office.

Developing a Child Care Setting: TC

(Administration, CDA #5) Intermediate Cost: \$20
Monday, May 17 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

First time providers, or as a refresher for veteran providers this class will cover what equipment, forms, etc. are needed to run an effective program. Presenter: Debbie Hasbrook-Havey

20 Hour Child Care Basics for Mixed Audiences: TC

Cost: \$150
Saturdays, May 22, June 5 & 12 8:30a – 4:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Meets the STARS 20-Hour Basic Training requirements for family child care and center providers. Includes an intro to child development, child guidance, health and safety, administration and more. Lunches can be purchased at the Academy for \$5. Spanish Translation available upon request.
Presenter: Katie Pitroff & Team

Brain Fest: PC

(Growth & Dev, CDA #8) ALL Cost: \$24
Saturday, May 22 9:00 – 12:00p
Peninsula Church Preschool & Daycare • 500 'N' Pl. • Seaview, WA 98644

Explore how you can help enhance and stimulate brain development from birth to age 5—critical years in laying the foundation for a lifetime of learning. As a caregiver, you can make a difference in their lives. Feel free to bring one parent.
Presenter: Becci O'Hagan

Fun With Sign Language: LC

(Communication, CDA #2) ALL Cost: \$16
Saturday, May 22 9:00 – 11:00p
Wellspring Church Kid's Ctr. • 603 NW St. Helen's • Chehalis, WA 98532

Improve language skills, vocabulary, and reduce frustration using sign language. Learn fun ways to add signing to your existing routine. Bring your favorite book and learn the signs to share with your children. No prior signing experience needed.
Presenter: Ruth Taylor-Briggs

Infant, Child & Adult CPR & First Aid: TC

(CDA #1) ALL Cost: \$50
Monday & Wednesday, May 24 & 26 6:00 – 10:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Meets DSHS requirements for child care providers.
Presenter: EMTA

Professional Development

Professional Self Care: TC

(Professionalism, CDA #6) Intermediate Cost: \$20
Monday, May 24 6:30 – 9:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Strategies for caring for yourself while caring for others. A self-assessment activity on the value of professional development. *We will also celebrate the accomplishments of those who are finishing their CDA classes this year!* Presenter: Karen Healy

June

Sensory Integration: TC

(Health & Safety, CDA #1) ALL No Cost
Wednesday, June 9 6:30 – 8:30p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506

Basic introduction to sensory integration, how it affects learning and behavior, and how to create a childcare environment that supports healthy sensory development.
Presenter: Mariane Wagner

Directors Network: TC

(Admin, CDA #5) DIRECTORS ONLY Cost: \$16 (for STARS hours)
Thursday, June 10 Noon – 2:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Facilitator: Connie Dougherty

Beyond Survival: GHC

(Health & Safety, CDA #1) ALL Cost: \$25
Saturday, June 19 9:00a – 4:00p
Coastal Community Action Program • 117 E 3rd Street • Aberdeen, WA 98520

Learn the dynamics of child sexual abuse, effects and signs of child sexual abuse, how to respond to a disclosure, mandated reporting, respecting parents rights, the protocols of Gray's Harbor County, and professional ethics and boundaries. Certificates will be given to all participants upon completion of training. There will 1 hour for lunch.
Presenter: Cathy Poore and Doreen Winningham

Infant, Child & Adult CPR & First Aid: TC

(CDA #1) Cost: \$50
Monday & Wednesday, June 21 & 23 6:00 – 10:00p
CCAC Training Academy • 819 Olympia Ave • Olympia, WA 98506
Meets DSHS requirements for child care providers.
Presenter: EMTA

Professional Development Focus Group

Washington State Child Care Resource & Referral Network will offer a focus group to talk about professional development needs and the future of what CCR&R's plans are to create a more seamless system for providers/professionals. Food and incentives will be provided for participation.

Watch for more information to come!

News from DEL

The Tumwater licensing office recently added licenses from Mason and Jefferson counties to their office. The 50 family home child care licenses and 20 child center licenses were transferred from the Bremerton licensing office. Tumwater licensing supervisor Liz Egge said: "We look forward to building relationships and partnerships with our providers in Mason and Jefferson counties."

The Tumwater licensing office also recently added two new family home child care licensors to its unit, however, neither licensor is new to the field.

Licensor Donna Burkhart, who licenses homes in Thurston and Lewis County, began working at DEL on December 16th. She said her first priorities as a licensor are to get to know her providers and to provide lots of technical assistance to help them to become the best they can be. Donna worked for the Child Care Action Council as a program specialist for Keystone Crisis Nursery and Raising a Reader programs. Prior to that, she was a licensed family home child care provider. She says: "The five years I spent doing in-home child care were very rewarding, demanding, and full of many fond memories for my entire family." When explaining why she became a DEL licensor, Donna says: "I have always loved children. I have always wanted to work at making their childhood experiences richer and fuller. DEL gives me the perfect opportunity to do this." Donna can be reached at 360/725-6667 or at donna.burkhart@del.wa.gov.

Family home child care licensor Elesya Rynning began work on February 16th. Many of you are familiar with Elesya as she was a DEL licensor working in Lewis and Thurston counties. In 2007, Elesya left DEL to work as a Child Health and Education Tracking (CHET) Specialist with Children's Administration of DSHS. Elesya is excited to be back as a DEL licensor. She is licensing homes in Mason, Jefferson, and Thurston Counties. Elesya can be reached at 360/725-6671 or at Elesya.Rynning@del.wa.gov.

The child centers in Jefferson and Mason counties are assigned to Charlotte Dedman, Linda Robertson, and Deb Harris.



ACCYN Update

Congratulations to four of the ACCYN child care providers!



Gina Anderson, Heike Garcia, Alicia Solomon (assistant to Billie) and Billie Dorsey completed the thirteen Caring for Children in Family Child Care modules. This training program is required by the Army for on-post providers and also for the off-post providers who are in the ACCYN program. The goal is to help family child care providers gain skills so they can give children the highest quality of care.

To complete each module, providers must read materials and complete learning activities in the following functional areas: Safe, Healthy, Learning Environment, Physical, Cognitive, Communication, Creative, Self, Social, Guidance, Families, Program Management and Professionalism. Then they complete a written Knowledge Assessment and are observed working with children to assess competence in each functional area.

In addition to completing this training program, Billie, Heike, Gina and Alicia are working on their Child Development Associates – WAY TO GO!!

Child Care Subsidy Billing Training

This training is required if you receive child care subsidy payments from the state as a licensed Family Child Care.

Learn about subsidy billing, including recent changes to the rules, find out what you can bill for and how to make sure your payments are correct.

Two convenient options:

- Online training (recommended) available after April 15, 2010 (more info is available at ccacwa.org or www.childcarenet.org).

- In person training from the Child Care Action Council call 786-8907x110 for schedule. (June 7th 6:00 – 9:00p at CCAC academy)

Spanish Translation available upon request.

Welcome New Providers

Halimo Ali

Brandi Gunter

April Kick

Robin Klies

Nicole Macneil

Darrell Neuret

Bridgette Schroeder

Play & Learn in GHC!

The Child Care Action Council partnered with the Hands On Children's Museum (HOCM) to offer a preschool playgroup to parents and caregivers in Aberdeen. The program is funded by Resource and Referral funding, and is a parent and caregiver education project focusing on children that are cared for by family, friends, and neighbors (FFN caregivers). Rising concern about improving all children's readiness for school and life has raised awareness that many of the children who struggle most in school are likely to be from families using FFN care. FFN care is the primary care arrangement for 21% of children ages 0-5 in Washington state.



The Play & Learn Preschool in Aberdeen uses strategies to support FFN caregivers and the children in their care, getting caregivers the child development information and social connections they want for themselves and their children.

The Aberdeen Play and Learn Preschool is a six week series, ending on March 2, 2010. The playgroup has had an average of 12 children and their caregivers present for each two hour session. During each session the children participate in educational activities coordinated by the preschool teacher, Karen Russo, and the HOCM Outreach coordinator Addie Rocchio. During each meeting, on Tuesdays in Aberdeen's South Shore Mall Community Room, they also get an opportunity to play with some of the museum's traveling educational exhibits, and parents receive information about easy to duplicate educational play they can engage in at home with children in their care.

Parent Page: A publication of CCAC for providers to share with parents

Let's Get Physical: Exercising with Your Children

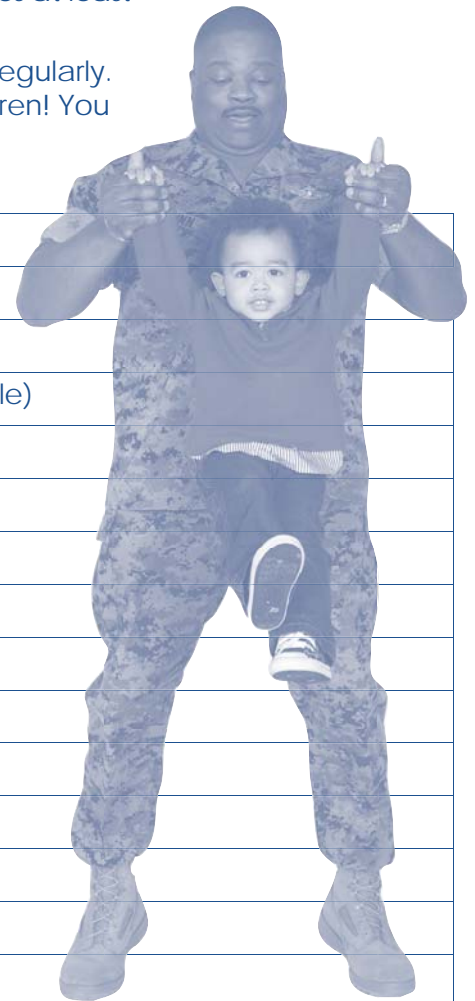
Physical activity is an important part of children's growth and development. Researchers say that toddlers need 30 minutes of structured physical activities everyday, and then an additional 60 minutes of free playtime. Being active at a young age can help children stay fit for life!

Children who are active develop stronger muscles and bones, and are less likely to develop health problems such as type 2 diabetes, high blood pressure, and other conditions later in life. Being active can also help children maintain a stable mood and sleep better.

Being active though is not just for children!

Exercise helps adults maintain a healthy weight. It can also help you stay in a better mood, sleep better, and combat some chronic diseases, such as heart disease. The Centers for Disease Control says adults should participate in moderate physical activity (like walking) for 30 minutes at least five days a week.

As a parent, you can set a good example for your children by exercising regularly. And you can make it a family time activity as well. Exercise with your children! You will all feel better, stay fit and spend quality time together.



How Many Calories Do I Burn?	
Activity/Calories Burned After 30 Minutes*	
Watching TV	34
Pushing a stroller	129.5 (17 minute mile)
Digging in a Sandbox	170.4
Playing Catch	85.2
Jumping Rope	340.9
Playing Soccer	238.6
Playing Basketball	272.2
Gardening	136.3
Playing with children/baby	136.3
Cleaning House	85.2
Dancing	153.2
Stretching	85.2

* For a 150-pound adult, from <http://www.primusweb.com/cgi-bin/fpc/actcalc.pl>

Hey Moms!

Do you enjoy reading about parenting and child development?

Child Care Action Council is proposing to coordinate a book group for parents to get together and talk about parenting. Interested? Email annie@ccacwa.org

Have you heard of Moms Rising? <http://www.momsrising.org/> Check it out !

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CHILD CARE ACTION COUNCIL
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SIGN UP FOR CCAC'S WEEKLY EBLASTS.

Email info@ccacwa.org for more information.

BOLETÍN DE NOTICIAS AHORA DISPONIBLE EN ESPAÑOL



Professional Development Highlights

- 20 Hour Mixed Audience Child Care Basics: 5/22, 6/5 & 6/12
- Including Children with Special Needs: 4/1, 5/12 & 6/9
- Lewis County: Visual Arts: 4/13; Brain Fest with Kits: 4/22; Drama & Movement: 4/27; Fun with Sign Language: 5/22
- Mason County: Beyond the Basic Flannel Board: 4/15
- Grays Harbor: Literacy & Math: 4/20; Beyond Survival: 6/26
- Pacific County: Beyond Trauma: 4/17; Brain Fest: 5/22
- Class with Candyce Bollinger: Single, Step & Blended Families: 5/10
- Subsidy Training: June 7
- Grays Harbor Building Bridges Classes at the Aberdeen Library!

Making Math Count:

Messy Math Kits Available!

Long before they are formalized in the classroom, every day life experiences help develop math skills—from grasping basic math concepts to writing numerals correctly, you can help children develop math skills according to their natural ability, learning styles and brain development. One way is to incorporate math concepts through sensory play. Sand tables can encompass many math concepts and skills (measuring, sorting & patterning, stacking, counting, geometry, word use of more, less, add, take away). Participants of this class may sign up for a complementary sensory table, which will be delivered to your Family Child Care or Center (1 per center) with helpful consultation. Limited to 20, so sign up soon!

